



Sing to the tune of your heart's song™



# Use These Tips to Get the Most Out of Your Online Music Class



# Tips for Getting the Most out of Your Online Class Series

## **Setting up your device:**

- Position your device out of reach.
- Most TV's have a USB cable. When I take online classes, I either use my laptop, or I plug my iPhone into a USB cable attached to my TV. This is the adapter I use, which is available on [Amazon](#).

It's easy to set up.

## **Engagement:**

- Make space to sit and move around comfortably. We recommend the living room or rooms with the least distractions. Try avoiding playrooms, as this can produce too many choices and difficulty focusing in on the activity at hand.

## **Engagement (cont...):**

- There are multiple learning styles; kinesthetic learning is when a child needs to move around in order to learn. It's OK if your child wanders away from the virtual class and back. This is normal, even when we are physically in classes together. Your child will find comfort in knowing it's there for them.
- Your participation and modeling the activities will be key to your child's engagement in the moment and with consistency overtime.
- Showing up at the same time and day each week with familiar friends and faces will give your child a sense of certainty, knowing they can count on connecting in with their music class community each week.
- It is new, so giving it some time with consistency will make all the difference. You will see your child engaging more and more as we journey together each week.

# Instruments & Props:

- Gather any instruments to play and scarves or something flowy for dancing.
- We can make music with almost anything, i.e. pots, pans, Tupperware, wooden spoons, etc.
- If you are feeling inspired to get some instruments and props, here are some that we recommend on Amazon:
  - Play along instrument set, [click here](#).
  - Egg shakers, [click here](#).
  - Scarves for dancing, [click here](#).



## **In addition to the many benefits of Music, Movement and Mindfulness...**

- Music Appreciation
- Rhythm & Singing in Tune
- Fine & Gross Motor
- Mind & Body Connection
- Creative Expression, Thinking & Imagination
- Spatial Awareness
- Listening & Communication
- Speech & Language
- Building Vocabulary & Memory
- Reading, Writing & Math
- Social Interaction
- Emotional Resiliency
- Parent & Child Bonding
- Preparation for Private Music Lessons

**We've also included the benefits of online music classes, as well....**

## **Benefits of Online Music Classes:**

- Provides your child with a little slice of normalcy in the midst of uncertainty.
- Helps to maintain music class consistency and keep your child actively learning music and the many benefits without huge gaps in learning between sessions.
- Your child will LOVE doing this special activity with YOU, mommy and daddy and siblings too.
- Gives us the opportunity to plug into our music community of family and friends each week.
- Can help ease transitions back to being in physical social settings again as we keep up interaction together online.
- It overrides passive screen, because it's in REAL time and is INTERACTIVE.

## **Lastly, a little known fact...**

### **Online music classes are not that new:**

It started in the 90's through Baby Einstein for kids 1 month to 5 years. It was a two moms created it, as they knew music was very beneficial for a baby's brain development, among other benefits. Their concept and VHS videos were so popular and such a hit that Disney bought them out. If you're curious, [you can read more here.](#)

The only difference is Baby Einstein is passive screen time, though great music for listening, and we are providing an interactive experience with familiar faces and friends each week with a variety of musical genres, styles and rhythms.

I hope these tips help! If you have any questions or concerns, feel free to email us at [info@childrensmusicexpress.com](mailto:info@childrensmusicexpress.com)